



Covid-19 Stage #2 Policy and Procedure response

Overview

Under current Chief Medical Officer of Health Orders, businesses and entities are required to:

- Implement practices to minimize the risk of transmission of infection among attendees;
- Provide procedures for rapid response if an attendee develops symptoms of illness;
- Ensure that attendees maintain high levels of sanitation and personal hygiene;
- Comply, to the extent possible, with the COVID-19 General Relaunch Guidance this guidance, and any other applicable Alberta Health guidance found at [Alberta.ca/BizConnect](https://alberta.ca/BizConnect).

This document has been developed to support sport, physical activity of the South Side Athletic Club organization in reducing the risk of transmission of COVID-19 among Players, attendees (including participants, staff, volunteers, participants and the general public).

The guidance outlines public health and infection prevention and control measures specific to sport, physical activity and recreation.

COVID-19 droplet transmission is much more likely when individuals are in close contact. Further, the likelihood of transmission between individuals participating in sport, physical activity and recreation in an indoor setting is significantly higher. While transmission is less likely in an outdoor setting, where air flow is greater and there is more space for individuals to keep physically distanced, transmission can occur if public health guidance is not followed.

COVID-19 can also be transmitted if someone touches a contaminated surface and then touches their face without washing their hands. Many activities involve shared equipment among participants, coaches/staff, instructors, officials or volunteers. The virus does not enter the body through skin; it enters through the eyes, nose or mouth when an individual touches their face. This is why regular hand hygiene and cleaning of high-touch surfaces are so important. In addition to following the Government of Alberta's guidance, those participating in organized activities sanctioned by the South Side Athletic Club should ensure they are also complying with their governing body's guidelines, assuming they meet or exceed provincial requirements.

Current information related to COVID-19 can be found at [Alberta.ca/covid19](https://alberta.ca/covid19).



Responsibilities

Designate Member responsibility

- The South Side Athletic Club will designate a member that will be responsible onsite to insure public and SSAC guidelines are being followed. Responsibilities will include:
- Documenting of all participants and staff. (Sign in sheet in appendix A)
- Screening of attendees and staff for symptoms of fever, sore throat, cough, runny nose or difficulty breathing. (Check list enclosed in appendix A)
- Controlling entry to Events.

Coaches & Staff responsibility

- Coordinate times with players and staff to avoid crowding.
- Assign equipment and supplies to individual staff members and avoid any unnecessary sharing
- Review that all staff are knowledgeable with respect to how COVID-19 is transmitted (i.e., droplet and contact transmission).
- To promote safe distancing and control measures.

Players and Parents Responsibility

- Follow all South Side Athletics Club procedures.
- Report any COVID-19 symptoms to the designate member



Procedures

- All SSAC participants including: Players, staff, Coaches and Parents must follow all procedures as document below.

Participation

- All players, Coaches, staff and parents must register and be granted permission before arriving at any event.
- All players, Coaches, staff and parents will follow the designate member guidelines and rules as set out in this document.

Check in

- All participants will arrive no earlier than 15 mins before the start time and depart 15 mins after finish time.
- All participants will check in and complete the COVID-19 screening given by the designate member.
- If the participant has any Symptoms they will not be allowed to participate and will be informed to contact AHS at #811 to gather further information on how to return to play.

Preparation for on ice activity

- All players, coaches and staff will need to dress at home and show up ready to enter the ice with the exception of skates. Locations for changing and or skate changing will include social distancing and at the discretion of the facilities rules and polices. Facilities rules and polices will be communicated when available.
- Participants are expected to maintain a distance of 2 metres in lobbies, change rooms, multi-purpose rooms.

On Ice activity

- All on ice activity will include social distancing if possible.
- No equipment is to be shared.
- All participants must have their own water bottle(s) that are clearly marked with their Name and ***must not be shared.*** All bottles should have a 2 foot distance between bottles.
- Participants, coaches, instructors, officials or volunteers who become symptomatic during an activity are required to be isolated from others and must return home immediately.



Parents & Spectators

- All Parents and Spectators (excluding parents and guardians where necessary for player support) should be kept out of participant spaces (e.g. ice surfaces, Locker Rooms, Hallways).
- Physical distancing of minimum 2 metres should be maintained by spectators/attendee at all times, unless from the same household.
- It is strongly recommended that all spectators wear masks, especially in an indoor setting. Cheering and yelling is strongly discouraged at this time as it presents a high risk of spreading droplets.

Rapid Response to Symptomatic Individuals

Facilities and the South Side Athletic Club are required to have a rapid response plan in place to manage symptomatic participants, spectators and staff. A rapid response plan sets out a fast-action plan for operators when an attendee shows symptoms of COVID-19.

Rapid Response Plan

1. Immediate isolation of the symptomatic participant from others, including arrangement for safe travel home (e.g., no public transit).
2. South Side Athletic Club may consider a suspension or temporary cancellation of the event.
3. Cleaning and disinfecting of all equipment and surfaces that may have come into contact with the symptomatic participant at the discretion of the facility.
4. Performance of hand hygiene by remaining participants.

Appendix A

Initial Screening Questions

1.	Do you/your child have any new onset (or worsening) of any of the following symptoms:	CIRCLE ONE	
		YES	NO
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of Breath / Difficulty Breathing	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Runny Nose / Nasal Congestion	YES	NO
	• Feeling unwell / Fatigued	YES	NO
	• Nausea / Vomiting / Diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ Joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (commonly known as pink eye)	YES	NO
2.	Has the person attending the activity/facility travelled outside of Canada in the last 14 days?	YES	NO
3..	Have you/your child had close <u>unprotected*</u> contact (face-to-face contact within 2 meters/6 feet) with someone who has travelled outside of Canada in the last 14 days and who is ill**?	YES	NO
4.	Have you/your child attending the program or activity had close <u>unprotected*</u> contact (face-to-face contact within 2 meters/6 feet) in the last 14 days with someone who is ill**?	YES	NO
5.	Have you/your child or anyone in your household been in close <u>unprotected*</u> contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	YES	NO

* "unprotected" means close contact without appropriate personal protective equipment

** "ill" means someone with COVID-19 symptoms on the list above.

